



Yes! Medi-Cal covers it.

PHYSICAL HEALTH SERVICES

Medi-Cal provides a core set of essential health benefits. These comprehensive services include:

- Preventive services
- Services with medical specialists
- Pediatric services
- Outpatient services
- Emergency services and hospitalization
- Maternity and newborn care
- Prescription drugs and laboratory exams
- Physical and occupational therapy
- Chronic disease management
- Ambulance services

The Community Health Initiative of Kern County can help you apply for coverage, find a provider, explain covered services or answer any question you may have about your Medi-Cal coverage.

Connect with us:

 661.632.5018  CoveredKernCounty.org  2215 Truxtun Ave., Bakersfield     @CHlofKernCounty

How do I access medical health services?

- 1** You can automatically access all **essential benefits** if you have a health plan under Medi-Cal.
- 2** **Choose a provider.** There are two health plans available in Kern County: HealthNet and Kern Family Health Care. Check the back of this flyer for more information.
- 3** **Make an appointment.** Call the doctor's office and schedule an appointment. Make sure to confirm that they continue to be a Medi-Cal provider.
- 4** **Go to your appointment.** Take your ID and Medi-Cal card to ensure that you are not billed incorrectly for services.



Make the Most of Your Medi-Cal Coverage Physical Health

Primary Care Physician

The relationship between you and your primary care physician is essential for high-quality care. Your doctor will give you access to other medical services such as consulting specialists, getting medications, surgery, among other services. It is important that you feel comfortable talking to your doctor. The graphic shows some things you have to consider when choosing a primary care doctor.



Choosing a Primary Care Physician

You have different options when selecting a doctor. You also have the option to change your doctor at any time if your first choice does not seem to be a good fit for you.

Contact your health plan and find which doctors, who meet your criteria, are accepting new patients and make your first doctor appointment.

or

Call us at 661-632-5018. Our Certified Enrollment Counselors can help you in selecting a doctor within your health plan and scheduling an appointment.

What is a Nurse Advice Line?

The Nurse Advice Line is available to you when some injuries or illness do not require a visit to the doctor and can be treated at home. You can find assistance by calling your health plan Nurse Advance Line. The Nurse Advance Line will provide assistance in the following areas:

- Access to a Registered Nurse
- Receive care recommendations for current symptoms
- Non-emergency injury
- Emergency health concerns

What is an Urgent Care Center?

It is a walk-in center where you can go when you need care soon, usually within 24 hours or as soon as possible, call your doctor. If your doctor is not available, call your Nurse Advice Line and they will guide you on what to do next. If you cannot call, go to the nearest clinic or urgent care center.

TIP: Become familiar with Urgent Care Centers near your home and covered by your health plan.

Nurse Advice Line and Member Service Number



1-800-675-6110
www.healthnet.com



1-800-391-2000
www.kernfamilyhealthcare.com